

4X800 9:38	1 st lap	2 nd lap	Final
Beck, Ana Kaley	75	86 2:46	2:40
Gonzalez, Joseline Ana	80 4:00	90 5:30	2:50
Gonzalez, Maira	87 6:57	95 8:32	3:02
Armstrong, Kaley Joseline	82 9:54	87 11:21	2:49

4X800 #2	1 st lap	2 nd lap	Final
Medina, Courtney	85	1:45 3:10	3:10
Wagoner, Olivia	1:41 4:51	1:45 6:36	3:26
Daniels, Syra	93 8:09	1:56 10:05	3:29
Garza, Iris	95 11:40	11:40	

alt 12:40
10:55
3:35 3:15

3200 Run 11:21.8	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	Final
Becton, Alexis 2 nd Place	91	3:14 1:43 3:14	4:59 1:45 4:59	6:45 1:46 6:45	8:33 1:48 8:33	10:23 1:50 10:23	12:03 1:40 12:03	13:38 95 13:38	13:38
Weaver, Halie	92	3:18	5:03	6:55	8:48	10:39	12:34	14:12	14:12
		1:46 3:18	1:45	1:52 3:37	1:53	1:51 3:44	1:55	98 7:17	
								3:33	

First say to yourself what you would be; and then do what you have to do.
-Epictetus

Lake Zurich
4/8

800 Run 2:19.5	1 st	2 nd	Final
Gonzalez, Joseline	80	89 2:49	2:49
Bugner, Melissa	86	1:40 3:06	3:06
Erickson, Peyton	86	96 3:02	3:02
Henderson, Sabrina	1:58?	2:14 4:12	4:12
Wagoner, Olivia	94	1:49 3:23	3:23
Ransom, Alexis?	96	2:08 3:44	3:44

1600 Run 5:15.0	1 st	2 nd	3 rd	4 th	Final
Beck, Ana					
Gonzalez, Maira					
Erickson, Peyton	88	3:15	5:44	6:43	6:43
Wagoner, Olivia		3:37	5:39	7:29	7:29
Medina, Courtney		3:33	5:29	7:24	7:24
Daniels, Syra PR 7:37		3:30	5:34	7:46	7:46
Fink, Erin	154	4:08	6:26	8:23	PR 7:29
Garza, Iris		3:40	5:46	7:48	7:48
Martinez, Lydia		3:31	5:24	7:17	7:17
Torres, Yazmin	95	2:09 3:44	5:59	8:09	8:09
Henderson, Sabrina	2:03	4:23	6:49	9:05	9:05
Boren, Karolina	87	3:15	5:44	6:43	6:43